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# Housekeeping heat and work in out of equilibrium quantum systems

Giovanni Vacanti<sup>\*1</sup>

<sup>1</sup>Institut Néel (NEEL) – CNRS : UPR2940, Université Grenoble Alpes – 25 rue des Martyrs - BP 166  
38042 GRENOBLE CEDEX 9, France

## Abstract

Previous works (T. Speck, U. Seifert, J. Phys. A: Math. Gen. 38 (2005) L581-L588) suggest that the process of keeping a system (in contact with a thermal bath) in a out-of-equilibrium target state  $\rho_s$  can be achieved by simply restoring the heat dissipated by the system in the thermal bath. Here we treat this problem formally (arXiv:1306 : 4352v2(2014)), we prove that this is possible when the state  $\rho_s$  commutes with the local Hamiltonian of the system  $H$ .

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<sup>\*</sup>Speaker